

AFTER-WORDS

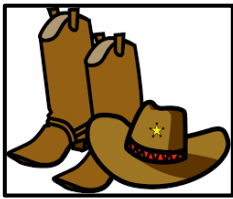
A NEWSLETTER FOR THE RETIREES OF THE
FOOTHILL-DE ANZA COMMUNITY COLLEGE DISTRICT

VOLUME XXXIII, ISSUE 1

WWW.DEANZA.EDU/FODARA

SEPTEMBER 2016

JUNE 2016 COUNTRY WESTERN BBQ PICNIC



Howdy! On June 18, we had a fun, relaxing picnic at Cuesta Park in Mountain View. Retirees wore Country Western attire. They reconnected with old friends that they had not seen in years. The weather was perfect, with plenty of sunshine and a balmy breeze, and we all had a wonderful time (see pictures p. 7).

David "Obie" Obenour was our master chef. His assistants were grill experts Steve Renteria and Bob Mazzuca. They grilled Wrangler BBQ chicken, roasted corn on the cob, portabella mushrooms, and Texas chili beans. Salad, bronco bread, and dessert were also served. Thank you Obie, Steve, and Bob for preparing such an excellent meal. There were four types of beer and soda, water, and lots of wine: 9 bottles of red and 12 bottles of white. I believe we had only one bottle of white wine, a half bottle of red, and a few cans of beer and soda left. Unopened bottles and cans were given to some of the folks who helped clean up.

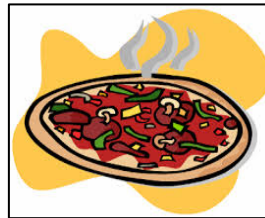
Thanks to those who attended this year's Country Western Picnic and made it a great success. A big thanks, too, to Donna Frankel for livening up the event with music and dancing!

For the 2017 picnic, we plan to come up with a different theme and a new, delicious menu to encourage more retirees to attend. If anyone has ideas, please email me or another board member the theme and type of food so it can be presented to the Board.

I'm looking forward to the 2017 picnic, which will be held on Thursday, June 15 (save the date!). I hope to see lots more retirees next year—"the more the merrier!"

Mike Paccione

OCTOBER PIZZA "THING"



Please join us for our fall Pizza "Thing" **October 27, 3:00–5:00 pm**, at Tony & Albas (address and directions p. 9). Meet up with old friends, make new ones, catch up on the latest gossip, and enjoy eating slice after slice of delicious, award-winning pizza. As always, valuable door prizes will be raffled off to some very lucky people.

We will meet in our custom-decorated private dining room, and, for a trifling \$12.00, you'll be offered "The Deal": *Tony's Special Pizza*, *Diana's Chicken Pizza*, and their famous vegetarian *Keep Fit Pizza*. Also included is their Italian garden salad, focaccia bread, soft drinks, and ice tea. Wine and beer can be purchased at the bar. If you're planning to attend the party, please mail the form on p. 9, along with your check made out to FODARA, by **October 21**. Your voluntary \$10 membership dues and a scholarship donation are also appreciated.

Ed Burling

FODARA BOARD OF DIRECTORS 2016-17

President	Mike Paccioretti	408.274.4929	pacciorettimike@sbcglobal.net
Vice President	Bill Lewis	408.639.9919	billlosgatos@sbcglobal.net
Past President	Tom Moore	650.969.3847	tomandcary@comcast.net
Secretary	Thomas Roza	408.375.9515	rozathomas@fhda.edu
Treasurer	Ed Burling		edburling@gmail.com
Member At Large	Janice Carr	650.941.2567	janicecarr@pacbell.net
Member At Large	Claudette Penner	408.736.6481	claudette@penner.org
Member At Large	Bob Hubbs	408.738.2489	jrsbbuh@comcast.net
Member At Large & Webmaster	Cindy Castillo	408.702.7721	cindycastillo@comcast.net
Newsletter	Linda Lane		lanelinda@fhda.edu

FODARA 2016-17 CALENDAR OF EVENTS

Sept 13	Tues	Board Meeting	10:30 am	Toyon Room FH (Rm 2020)	Open to all
Oct 27	Thurs	Pizza Thing	3:00-5:00 pm	Tony & Alba's Pizza	
Nov 1	Tues	Board Meeting	10:30 am	Toyon Room FH (Rm 2020)	Open to all
Dec 9	Fri	Holiday Party	TBD	De Anza Campus Center	
Jan 10	Tues	Board Meeting	10:30 am	Toyon Room FH (Rm 2020)	Open to all
Feb 16	Thurs	Valentine Lunch	11:30 am	Blue Pheasant Restaurant	
Mar 7	Tues	Board Meeting	10:30 am	Toyon Room FH (Rm 2020)	Open to all
Apr (TBD)		Spring Social	TBD	TBD	
May 2	Tues	Board Meeting	10:30 am	Toyon Room FH (Rm 2020)	Open to all
Jun 15	Thurs	Summer Picnic	TBD	Cuesta Park, Mt. View	
Aug (TBD)		Baseball Social	TBD	San Jose Municipal Stadium	

FODARA COMMITTEES/MEMBERS

District Benefits	Tom Strand, strandtom@fhda.edu
	Faith Milonas, milonasfaith@fhda.edu
After-Words Email	Cindy Castillo, cindycastillo@comcast.net
After-Words Paper Mailing	Janice Carr, janicecarr@pacbell.net
Scholarships	Mike Brandy, brandymike@fhda.edu
Social	(Need two volunteers)
Mailings	Maureen Gates, gates-m@sbcglobal.net

OPEN ENROLLMENT: SEPTEMBER 12-OCTOBER 7

Retirees Eligible For District Health Benefits (Hired Pre-1997)

Those of you who want to change your health plans or coverage for 2017 must participate in CalPERS Open Enrollment, September 12 through October 7. (Those who don't want changes, don't need to do anything. Open Enrollment is "passive": unless you make a change, your 2016 coverage automatically rolls-over for 2017).

Eligible retirees should have already received a couple of emails and a mailing from CalPERS and a letter from the FHDA District, all containing details on benefits and Open Enrollment.

CalPERS encourages retirees to make any desired changes online (even email inquiries need to be sent from within an online account), but you can call 888.225.7377 for assistance.

With a "my|CalPERS" account, making changes to health benefits is relatively easy. Access your account, or create one, by clicking on the large "Access your account" button within the CalPERS email or by going to www.calpers.ca.gov. There, click on the top right "my|CalPERS Log In" button; after choosing "Participant" and "Continue," login or create an online account.

Once logged into my|CalPERS, follow three steps to change benefits: (1) select "Open Enrollment," under the "Health tab"; (2) click on the "Change Health Benefits" button at the bottom of the screen; and (3) choose "Change your medical plan" or "Remove or add dependent" then follow instructions (for steps with pictures, see www.calpers.ca.gov/docs/forms-publications/changing-health-coverage.pdf).

Reminders:

The May *After-Words* issue listed four key points of the 2017 health benefits Memorandum of Understanding (MOU) for eligible retirees:

- ❖ CalPERS remains the Plan Provider;
- ❖ Qualified employees/retirees may enroll in any plans available in their geographic area;
- ❖ Contribution rates for Plan Year 2017 are unchanged from 2016; and

- ❖ For retirees who qualify for District benefits, the CalPERS monthly premium continues to be deducted from the monthly warrant (STRS or PERS pension check), and the District reimburses the retiree the difference between this deduction and the required monthly contribution.

Also, as noted in previous issues of *After-Words*, for eligible retirees on Medicare and living in California,* there is a significant cost savings if they opt for the PERS Select plan instead of the PERS Choice plan (**Select is available only in California*).

By choosing the Select plan (\$89/mo) over the Choice plan (\$152/mo), a single Medicare-covered participant saves about \$750 a year with the same coverage. What explains the savings is, since both plans are Medicare supplemental (secondary) plans, they have the same coverage. Be aware, however, the rates and coverage noted above will NOT match with what is listed on the CalPERS health benefits webpages or in their Health Benefits Summary booklet (or what you'll be told by a CalPERS representative): the differences are due to our FHDA negotiated benefits.

Important caveat: A Medicare-covered retiree with a dependent may choose only one plan for both participants. If both are on Medicare, choosing PERS Select over PERS Choice saves about \$1,500 a year. But, if the dependent is not Medicare-eligible (what CalPERS calls "Medicare and Basic" coverage), though choosing PERS Select for both lowers the yearly cost, the Basic member has a smaller network and more restricted coverage than with the Choice plan.

Retirees NOT Eligible for District Health Benefits (Hired Post-1997)

Medicare-eligible retirees who don't qualify for District benefits may still want to review the CalPERS supplemental Medicare plans as their rates are very competitive. Those interested can contract directly with CalPERS for coverage. Qualified retirees may also participate in the District's Bridge Program.

HEALTH BENEFIT UPDATES: FOUR ITEMS

All eligible FHDA retirees hired pre-1997 should have received a letter from the District with lots of information on Open Enrollment and health benefit updates. The entire letter can be read or downloaded at <http://hr.fhda.edu/benefits/a-2017-Open-Enrollment.html>. Below are highlights of four updates:

- ❖ Management of prescription drugs will switch from *CVS Caremark* to *Optum Rx* for the 2017 Plan Year. In late November, Optum will send out an information packet including an ID card.
- ❖ CalPERS is implementing a new diabetes prevention program for all health care plans designed to prevent or delay the onset of Type 2 diabetes.
- ❖ Kaiser is expanding its BASIC plan to Santa Cruz county. Kaiser will also offer a fitness program called Silver & Fit to CalPERS Medicare enrollees.
- ❖ The FHDA Benefits Fair will be held on Friday, September 23, 2016 in the De Anza Campus Center Conference A & B rooms; it is open to all employees and retirees. Vendors and benefits staff will be available for assistance and Q&A.

Tom Strand, Faith Milonas

FODARA Benefits Representatives

StrandTom@fhda.edu

MilonasFaith@fhda.edu

FODARA BOARD: VOLUNTEERS NEEDED!

The FODARA Board has been staffed by the same small group of extremely dedicated people for a long time. If you have attended any social activities in the past several years, you know them well, along with the other regular party-planners: Mike Paccioretti, Bill Lewis, Tom Moore, Thomas Roza, Ed Burling, Janice Carr, Claudette Penner, Bob Hubbs, Cindy Castillo, Lescher Dowling, and Maureen Gates.

They, along with several other wonderful people, continue to volunteer their time and efforts to offer you fun events throughout the year—the Pizza Thing, Holiday Party, Valentine Lunch, Golf Tournament, Summer Picnic, Baseball Game/BBQ—all of which give you opportunities to stay in touch with former colleagues and meet new friends.

And importantly, the Board keeps you informed about retiree news via the ListServ and *After-Words* newsletter as well as has two representatives on the District's health benefits committee not only to get up-to-date information, but also to give feedback on retirees' concerns. FODARA supports students, too: most of the dues collected fund

scholarships (see p. 6). Understandably, some of the Board members, as well as other volunteers, would like and deserve a break!

So now that you know all of the great things FODARA does for you and for students, please consider volunteering for a Board position/event planner, especially those of you who regularly attend and enjoy the get-togethers. Keeping FODARA alive and well would take only a few hours of your time. For example, the Board president is in charge of meetings (only five per year—see p. 2), and that primarily involves sending out agendas then at meetings "presiding" over lively group discussions about upcoming social events and other ideas to keep FODARA thriving. Everyone helps out—it's definitely a collaborative effort! To volunteer, email Mike Paccioretti (paccioretimike@sbcglobal.net). Or, to observe a Board meeting first-hand, come to the next one on Tuesday, November 1, 10:30 am, at Foothill in the Toyon Room (2020), upstairs at the Campus Center. Hope to see **you** there!

FHDA TRUSTEE ELECTIONS

There's an important election coming up in November that could get lost in all of the focus and attention on the Presidential race—the election for Foothill-De Anza Board of Trustees. It's vital to elect strong candidates, so employees and retirees should make note of this race and spread the word to friends and neighbors in the district.

Six people are running for three positions on the Board. One is an incumbent, Laura Casas (www.fhda.edu/_about-us/_board/board-member-profiles.html). Two are former FHDA employees. Peter Landsberger (Plandsberger.com) years ago served as the District's general counsel and as the De Anza Dean of Business/Computer Systems; later he held senior positions at several community colleges. Eric Rosenthal was a Foothill classified staff member. The remaining candidates are Patrick Ahrens, a former student trustee (www.patrickahrens.com); Gilbert Wong, a Cupertino City Council member (gilbertswong.com); and Orrin Mahoney, on the De Anza Commission (mahoney4foothilldeanza.nationbuilder.com).

More details on these candidates will appear within the voting information materials available prior to the November 8, 2016 elections.

FHDA PARKING STICKERS

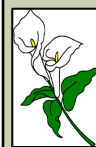
If you have a purple FHDA parking sticker, it expires in October. You can get a new one now at Foothill's District Police Office or the De Anza substation. Bring your current Gold Card (available at either campus's Photo ID office). Gold Cards offer other benefits, too, such as free admission to all home sports events at Foothill and De Anza; free or reduced admission to selected cultural events at both colleges; use of both college libraries; and discounted purchases at participating See's Candy stores and Hobee's restaurants.

NEW FHDA RETIREES



The online District Board meeting minutes list 17 employees as retired during or after Spring Quarter 2016 or retiring at the end of Fall Quarter 2016 (apologies if anyone was inadvertently excluded or mistakenly included). We wish all retirees a happy and healthy post-employment life and invite them to join FODARA: sign up for the email listserv (send your current email address to cindycastillo@comcast.net), volunteer to serve on the FODARA Board or a committee, and attend a social event (see calendar p. 2).

- ✦ *Angela Buchanan, DA SS & H*
- ✦ *Paul Buxton, DA College Operations*
- ✦ *Brenda Davis, FH DRC/Veterans*
- ✦ *John DuBois, FH Student Activities*
- ✦ *Donna Jones-Dulin, DA College Operations*
- ✦ *Naomi Kitajima, FH Health Services*
- ✦ *Sandra Kovach-Long, DA DSPS*
- ✦ *Joanne Lopez, FH Bio/Health Sciences*
- ✦ *Jose Menendez, DA College Operations*
- ✦ *Sylvia Morrison, DA DSPS*
- ✦ *Dawna O'Malley, DA Student Services*
- ✦ *Hector Quinonez, CS Business Services*
- ✦ *James Reardon, CS Operations*
- ✦ *Binh Thai, DA Student Services*
- ✦ *May Thai, DA College Operations*
- ✦ *Jeanne Thomas, FH BSS*
- ✦ *Long Tran, CS ETS*



IN MEMORIAM

Mary Farnham
Richard Gause
Charles "Randy" Lomax
Jim Lucas
Ellen Mann
Ann Michalski
Victor Morris
Mary Cay Sherman
Ann Stemler

FODARA STUDENT SCHOLARSHIP WINNERS

For 2015-16, FODARA awarded six \$1,000 scholarships, thanks to dues paying members and those who donated to scholarships! Read the essays submitted at www.deanza.edu/fodara/scholarships.html. Scholarship donations can be mailed to FODARA or given online via the FHDA Foundation at foundation.fhda.edu.

DE ANZA STUDENTS:

Alyssa, Liberal Arts. Alyssa is the first college graduate in her family. She credits De Anza with giving her a solid foundation upon which to build her educational goals and achieve her ultimate dream of a career in film/TV; she wants to change the world, "one conversation at a time." To that aim, she plans to transfer to a university to pursue a B.A. and M.A. in Communications.

Gregory, Biological Sciences. At De Anza, Gregory has continued to pursue his passion for science, both through courses and volunteering at the science center labs. He also joined the Honors Program. His educational goal is to obtain a B.A. and later graduate from dental school. He is now on track to transfer and complete his degree.

Bao, Biological Sciences. Bao aspires to be a physician not only to help people, but also because medicine requires lifelong learning. Bao is already volunteering at hospitals, conversing with healthcare providers at conferences, and attending seminars on diseases. For Bao, De Anza is the path to higher education and has allowed education to remain the top priority.

FOOTHILL STUDENTS:

Max, Psychology. Max found Foothill to be a place that offered support and led to his success as a student. He quickly got involved in tutoring and study groups, and later became a research assistant. Max hopes to attend UC Berkeley and earn a Ph.D. in clinical psychology; he is determined to show others how to overcome hardships and to make a difference in his community.

Mingzhuo, Economics. At Foothill, Mingzhuo is taking rigorous coursework and maintains a 4.0 GPA; Mingzhuo plans to transfer to UC Berkeley to get a BS in economics. With a special interest in environmental economics, Mingzhuo hopes to introduce advanced theories to developing countries suffering from unhealthy economic structures.

Merrissa, Psychology. Merissa is the first in her family to earn a high school diploma and the first to go to college. At Foothill, she started working at the Community Ambassadors Program to gain leadership skills and outreach experience, all while maintaining a 3.9 GPA. Her goal is to graduate from UC Santa Cruz with a BA in psychology and thereby set an example for others that they, too, can achieve their dreams.

MONEY MATTERS

Every year, we ask you for a \$10 "dues" donation to support FODARA. It is voluntary, as is any extra money you donate for student scholarships. As you can see from the brief student biographies on this page, there are many outstanding students in need of financial help. Except for minor operational expenses, all of the dues money goes for the student scholarships.

This coming year, we are planning to offer four scholarships, two at each campus. Dues received now through June 2017 will be recorded for this school year. If you plan to attend any of the events and would like to save a stamp, just include your dues with your payment for the event. Or, if you prefer to pay the dues separately, your treasurer will be delighted to receive them: Ed Burling, 17700 Bruce Ave., Monte Sereno, CA 95030. Always make checks out to "FODARA", and thank you!

Ed Burling, Purser

JUNE 2016 COUNTRY WESTERN BBQ PICTURES

Thanks to everyone who joined us! And many thanks to the coordinator/head chef David "Obie" Obenour and his lovely wife Margaret; the assistant chefs Bob Mazzuca and Steve Renteria; the photographers Ken Bruce, Lescher Dowling, and Ed Burling; and to Donna Frankel for bringing music and showing us how to line dance!



Chefs Bob Mazzuca & Charlie Elder



Joyce Feldman & Cindy Castillo



Doug Cheeseman, Lescher Dowling, Mike P., Gail Cheeseman, Janice Carr, Charlotte Thunen, Gail Paccioretti, Randy Dunn



Chef Steve Renteria, Dolores Chasuk, & Ron Bottini



Mike Paccioretti & Bill Lewis



Gail Cheeseman & her line dance partner

AUGUST 2016 BASEBALL GAME AND BBQ

The FODARA outing to the San Jose Giants/Rancho Cucamonga Quakes game on August 20 was a fun event, though a larger turnout (16 folks attended) would have made it even better! When the gates to the stadium opened at 3:30pm, most of our group was at Turkey Mike's enjoying a BBQ meal. We were so busy catching up with former colleagues that we missed the pregame warm ups and barely made it to our reserved seating behind home plate for the first pitch of the game at 5:00 pm.

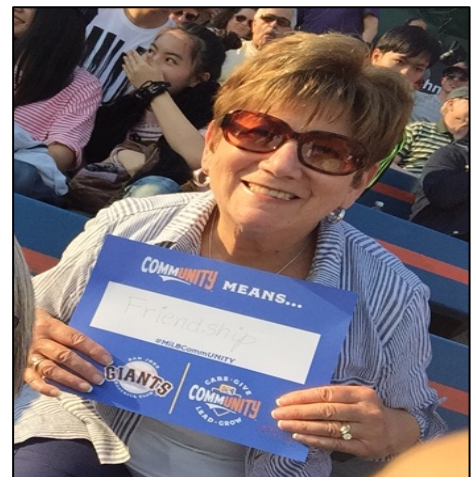
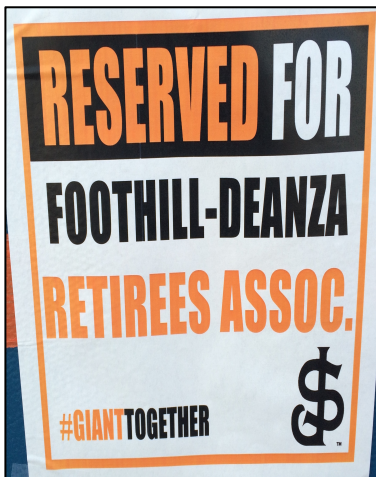
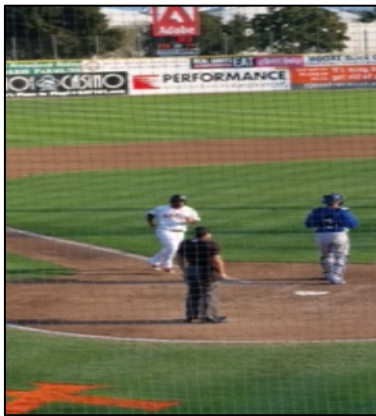
The game was scoreless until the third inning when both teams scored a run to make it 1-1. The exciting part of this inning was Carol Lindke (from our group) winning a free hour of jumping at Rockin' Jump Ultimate Trampoline Park. In the 4th inning, the Giants took a 5-1 lead and added another in the 5th as Miguel Gomez hit his

second home run for a 6-1 lead.

The Quakes staged a mini rally in the 6th by scoring two runs making the score 6-3 San Jose. The game ended at 7:58 pm with the final score 6-3 San Jose. San Jose had three home runs and four pitchers combined for a record 18 strikeouts in the victory. We had a great time at this now annual event, as you can see from the pictures below! The Giants won, the weather was great, and we caught up with former colleagues.

Please do consider joining us at our next summer baseball game as well as at all of the other upcoming FODARA events: the Pizza Thing in October, the Holiday Party in December, the Valentine luncheon in February, and the annual picnic in June.

Bill Lewis



FODARA PIZZA "THING" RESERVATION FORM



What: Pizza Party!
Cost: \$12.00 for pizza, salad, bread, soft drinks (wine/beer extra)
When: Thursday, October 27, 2016, 3:00–5:00 pm
Where: Tony and Alba's Pizza & Pasta (408.246.4605)
 3137 Stevens Creek Blvd., San Jose
 (located at the northwest corner of Stevens Creek and
 Winchester, next to BevMo and close to Santana Row)

Please mail this form with check enclosed by October 21

Retiree Name: _____

Guest Name(s): _____

Current Address (only if changed): _____

Please reserve _____ total places for FODARA PIZZA "THING"

\$12.00 for each person attending \$ _____

\$10.00 for 2016-17 FODARA dues (voluntary) \$ _____

Donation for FODARA scholarship fund \$ _____

TOTAL AMOUNT ENCLOSED: \$ _____

Make check payable to "FODARA"
 Mail form/check to Ed Burling, FODARA
 17700 Bruce Ave.
 Monte Sereno, CA 95030

Too late to mail? Just email Ed (edburling@gmail.com) by **October 25**.

FODARA

Foothill-De Anza Retirees Association

Foothill-De Anza Community College District

12345 El Monte Road, Los Altos Hills, CA 94022